



The Power of Meaning

Crafting a Life that Matters

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Agenda

- Our yearning and need for meaning
- What is “meaning”?
- Meaning vs. Happiness
- Where does meaning come from?

The Search for Meaning



Paul Gauguin, *Where Do We Come From? What Are We? Where Are We Going?*

Crisis of Despair



Jules Breton, *The Song of the Lark*

Pillars of Meaning

Belonging

Purpose

Storytelling

Transcendence

Belonging

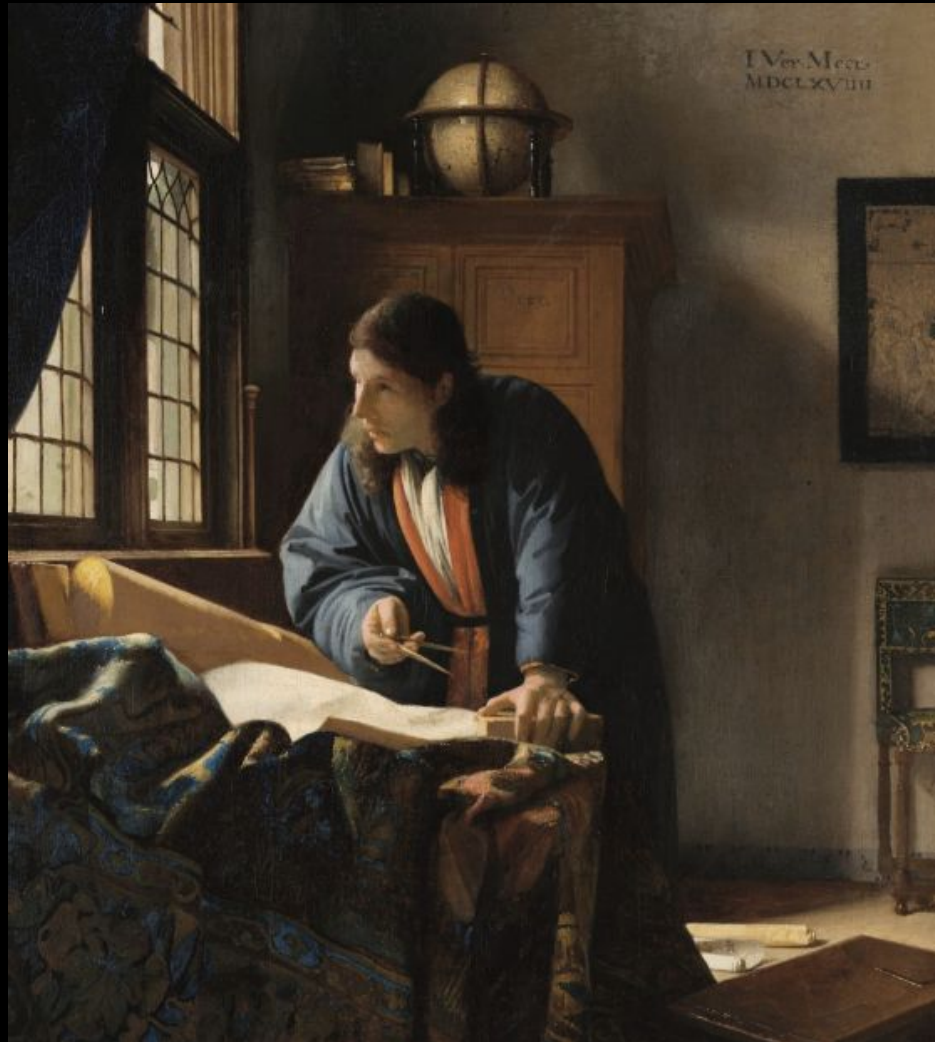


Diego Rivera, *Mother and Children*



Thomas Hart Benton, *Romance*

Purpose



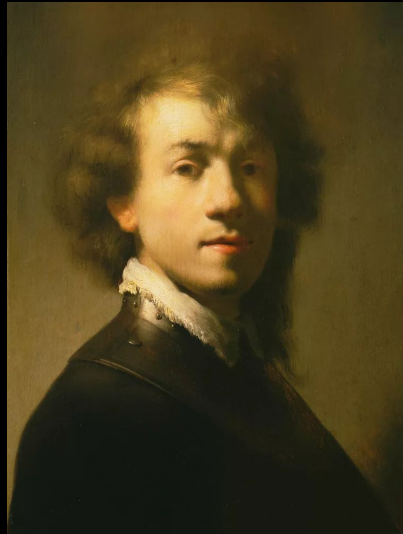
Vermeer, *The Geographer*

Transcendence



European Southern Observatory, *Where Heaven and Earth Collide*

Storytelling



Rembrandt's self-portraits through the years



Where do you find your meaning?

Questions?



Paul Gauguin, *Where Do We Come From? What Are We? Where Are We Going?*